



Quench Arts Musical Connections Special Interest Session
World Music / Improvising by Arjun Jethwa (7th April 2020)

Hello! Thanks for participating in the workshop even though we're unable to meet in person! If you have access to the internet and YouTube then there is a video of these instructions which can be viewed here:

<https://www.youtube.com/watch?v=xMETrdoz8ek>

Please don't worry if you can't watch the video though. This worksheet covers the same things and there is also an audio version enclosed with the CD if you are getting this in the post.

I hope you find the tasks in this session helpful in relaxing and creating music together. It's all about improvising (making up music) on an instrument that I hope you'll create using everyday objects! There are 2 tracks on the CD/SoundCloud links. What you're hearing is the Bansuri (Indian flute) and Tanpura. The Tanpura is a stringed instrument that acts as a drone throughout the music while the Bansuri improvises over the top! Hopefully soon you'll be improvising with an instrument of your own!

Task 1 – Listen to the tracks and find/create your instrument.

- Have a listen to the two tracks on the CD, or if you are online, via these links:
https://soundcloud.com/quench_arts/musical-connections-meditations-bansuri-track
https://soundcloud.com/quench_arts/musical-connections-fill-in-the-gaps-bansuri-track
- Think about what type of sound you think would go well if you were to use it with the recording.
- Create your own instrument! Some examples are: Wine glass & water, knocking on a book, putting rice in a tin or container, blowing in a bottle. Anything you want!
- See if you can create three different sounds using your new instrument! Come up with one word to describe each or draw what your sound would look like. Answer in the boxes below:

1)	2)	3)

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Task 2 – Listen to the tracks and play your instrument along with the recording.

- Think about the pace of your instrument, is it a drone? An instrument that can be continuously played throughout. Or will you use your instrument in segments like the bansuri? How will you respond to the first track?
- During the second track, think about how you will fill in the gaps that are left in the music. How will your new instrument fit the music?
- You're allowed to use your newly created instrument, an actual instrument or your voice in speech, song or poetry. Go for whatever comes naturally!

Tips

- If you're planning to use instruments with pitches, the first track has a main note of D; the notes of a D major chord would work well! So D, F# and A.
- The second track has a different set of notes and a C major chord would work best. So C, E and G. Though most notes without a sharp or flat would sound fine in this one!
- Think about your phrasing, which is a musical way of talking about the highs and lows in music. If you think of it like a rainbow shape, the phrase or segment of music could start quiet, get loud and then become quiet again. Or soft-hard-soft & slow-fast-slow. Try out any combination when experimenting!

See if you can record yourself playing along to the music. If not, don't worry! Enjoy listening to the sound of the Bansuri! Wishing you a safe and musical time at home!

Arjun