Audio Architects



A fun music making programme for neurodiverse adults aged 18-30 years old, focused on music tech.

Learn to sample random sounds, loop patterns, create interesting music & make new friends. No previous experience necessary!



BOOK via QR code/link: https://tinyurl.com/AudioArchitects **Or by phone/email:** 07716 362 478 / info@quench-arts.co.uk



More information overleaf

MAKING MUSIC, MAKING CONNECTIONS...





About the Programme

Join our **inclusive** music sessions designed specifically for **neurodiverse adults** aged 18-30. While the sessions will be tailored to

the group's interests, we'll explore improvisation and song writing with **live-looping**, utilising Ableton Live and technology. During the 10 week programme, we will experiment with recording and looping our voice, different instruments and random objects to create full pieces that you can share with family and friends. No matter your experience with music and technology, these sessions are crafted to accommodate your preferences and abilities.

This 10 week programme is designed specifically for **neurodiverse** adults. The sessions will be **fun**, safe, encouraging, tailored & accessible to the group. We hope that, through the programmme you will build your musical and social confidence and meet others with shared interests.

Who Will Run The Sessions?



The programme will be run by **Elizabeth J. Birch.** Liz is an undefined glitch, known for blurring the boundaries & striving for innovative ways to envision & make music. An award-winning musician, she combines synthesisers,

haunting vocals, & ordinary everyday objects to craft a sonic landscape that tells stories & portrays emotion. As a producer, composer, vocalist, & tech-enthusiast, her second EP 'Kenopsia', released in 2023, explored challenging subjects such as loss & grief, & received radio support from BBC Introducing, Unmade



Radio & Black Country Radio. Liz won the 'Inspirational Music Leader' award from Youth Music in 2023 for her inclusive community music & facilitation workshops, focused around songwriting, technology & youth voice. She is mental health first aid trained & has recently completed her Level 4 Certificate for Music Educators through Quench Arts, accredited by Trinity. Liz has recently been featured as one of the Mastercard music trailblazers ahead of this years BRIT awards, recogised as an artist driving positive change in the music industry across technology, diversity & inclusion, helping make music more inclusive for all.

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Quench Arts is a local community music organisation with a strong history of engaging individuals in **music-making for wellbeing outcomes**, working across Birmingham since 2012. Our musical activities aid recovery & build resilience focused on the Five Ways to Wellbeing. **We believe in the power of music to make a positive difference to people's lives.** See: <u>quench-arts.co.uk</u>

